

CLUB
EVOLVE
CLUB LIFE

TENNIS PROGRAM



Club Evolve Tennis School

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A

GAME

FOR LIFE



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INTRODUCTION

ABOUT OUR TENNIS PROGRAM

PRICE LIST

IMPORTANT INFO

• **Club Evolve**

Club Evolve offers more than just another tennis club. We are committed to providing programs the whole family can participate in.

Our vision is to provide a sport which is truly inclusive and accessible to the whole community.

Our aim is to provide opportunities to encourage people to maximise their potential through tennis.

TENNIS PROGRAM

IT'S ANYONE'S GAME



SKILLS FOR LIFE



ABOUT OUR TENNIS PROGRAM

Learning the Game

At Club Evolve we implement and teach the tennis Australia approved ANZ Hotshots program.

Although, we follow the Hotshot guidelines to programming we also have a more holistic approach to teaching children. Our coaches do not drill techniques or use loud tones that through experience we have learnt students zone out to.

Gone are the days where a coach artificially feeds, throws or drops balls from a stand still start to a pupils outstretched racquet.

We encourage activities so students learn to work together in pairs correctly reading the flight of the ball and how to move into a hitting position, execute the shot and finally recover to ready for the next cycle to begin.

Our coaching team are not only dedicated to seeing improvement each lesson but most importantly dedicated to encouraging a love for the game.

Playing the Game

Tennis lessons are the pathway to playing tennis. Lessons are as they are described, to learn. Play is where it all happens.

At Club Evolve we encourage all students to play in our junior challenges and weekly matchplay comps to work on their knowledge from weekly lessons.

JOIN OUR TEAM

Tennis maybe an individual sport but here at Club Evolve you are joining a team where you will make friends, compete and enjoy the sport for life.

Our experienced coaches train our students to reach their highest potential, and to always have a great time whenever we play.

**Tennis is different to other sports.
EVERY SEASON IS TENNIS SEASON.
"Tennis is a game for life"**

Club Evolve deliver Hotshots differently from other tennis schools. We offer 3 levels in each category of our programs to ensure that players develop their skills more efficiently.

Club Evolve also place a strong emphasis on learning by playing the game of tennis.

DEVELOP - PROGRESS - PERFORM - COMPETE

DEVELOP

This is where to start if your child has never played the game before or is still developing the basics.

These programs form the first stage of our comprehensive Junior Tennis Pathway and are open to all junior players from 3-17 years of age.

PROGRESS

Progress' is the second stage of our Junior Tennis Pathway and is for kids who are playing more tennis, want to do more tennis lessons and are starting to experience their first tennis matches.

If you're new to Club Evolve, please speak to us if you believe your child is of Progress standard.

PERFORM

These groups are the third stage of our comprehensive Junior Tennis Pathway.

The Green and Yellow groups have an emphasis on commitment. Players are expected to train, practice and compete regularly. Players, parents and coaches work together to plan training and competition schedules.

The Red and Orange Performance groups, while less intensive than the Green and Yellow groups, aim to push our most able and enthusiastic young players to a higher level.

COMPETE

Competition is the final piece of our comprehensive Junior Tennis Pathway.

We encourage every child to play competitive tennis that is appropriate to his/her size and strength. We offer modified tennis tournaments for all Hot Shots players, Saturday-morning match play for Hot Shots.

At the end of each term we organise a tennis challenge tournament and presentation of awards for the term. This is an opportunity for tennis team to come together and meet and compete against other players from different groups.

PERFORMANCE TRACKING

Club Evolve coaching team are driven to deliver quality programs that demonstrate improvement in students at all levels.

All students will receive a progress card that is completed at the end of each class and stored in a prominent position at the club for students and parents to track their weekly performance.

When a student is proficient and sees improvement the student is inclined to enjoy the sport even more.

Year: _____	Not Yet	Almost	Some tin	Mostly	Excellent	Not Yet	Almost	Some tin	Mostly	Excellent	Not Yet	Almost	Some tin	Mostly	Excellent	Not Yet	Almost	Some tin	Mostly	Excellent	Not Yet	Almost	Some tin	Mostly	Excellent
Forehand																									
One hand	○	○	○	○	☆	○	○	○	○	☆	○	○	○	○	☆	○	○	○	○	☆	○	○	○	○	☆
Racquet Back	○	○	○	○	☆	○	○	○	○	☆	○	○	○	○	☆	○	○	○	○	☆	○	○	○	○	☆
Swing Low to High	○	○	○	○	☆	○	○	○	○	☆	○	○	○	○	☆	○	○	○	○	☆	○	○	○	○	☆
Finish Over Shoulder	○	○	○	○	☆	○	○	○	○	☆	○	○	○	○	☆	○	○	○	○	☆	○	○	○	○	☆
Backhand																									
Correct Hand on Top	○	○	○	○	☆	○	○	○	○	☆	○	○	○	○	☆	○	○	○	○	☆	○	○	○	○	☆
Racquet back	○	○	○	○	☆	○	○	○	○	☆	○	○	○	○	☆	○	○	○	○	☆	○	○	○	○	☆
Swing low to High	○	○	○	○	☆	○	○	○	○	☆	○	○	○	○	☆	○	○	○	○	☆	○	○	○	○	☆
Finish over Shoulder	○	○	○	○	☆	○	○	○	○	☆	○	○	○	○	☆	○	○	○	○	☆	○	○	○	○	☆
Volley																									
One Hand	○	○	○	○	☆	○	○	○	○	☆	○	○	○	○	☆	○	○	○	○	☆	○	○	○	○	☆
Correct Racquet Position	○	○	○	○	☆	○	○	○	○	☆	○	○	○	○	☆	○	○	○	○	☆	○	○	○	○	☆
Locked Racquet At Impact	○	○	○	○	☆	○	○	○	○	☆	○	○	○	○	☆	○	○	○	○	☆	○	○	○	○	☆
Serve																									
"Cannonball" Over Net	○	○	○	○	☆	○	○	○	○	☆	○	○	○	○	☆	○	○	○	○	☆	○	○	○	○	☆
Correct Ball Toss	○	○	○	○	☆	○	○	○	○	☆	○	○	○	○	☆	○	○	○	○	☆	○	○	○	○	☆
Serve over Net	○	○	○	○	☆	○	○	○	○	☆	○	○	○	○	☆	○	○	○	○	☆	○	○	○	○	☆
Attitude																									
Sportsmanship	○	○	○	○	☆	○	○	○	○	☆	○	○	○	○	☆	○	○	○	○	☆	○	○	○	○	☆
Listening	○	○	○	○	☆	○	○	○	○	☆	○	○	○	○	☆	○	○	○	○	☆	○	○	○	○	☆
Picking up balls	○	○	○	○	☆	○	○	○	○	☆	○	○	○	○	☆	○	○	○	○	☆	○	○	○	○	☆
Ready Position	○	○	○	○	☆	○	○	○	○	☆	○	○	○	○	☆	○	○	○	○	☆	○	○	○	○	☆
Split Step	○	○	○	○	☆	○	○	○	○	☆	○	○	○	○	☆	○	○	○	○	☆	○	○	○	○	☆

THE CHALLENGE DAY

At the completion of each 9 week term all players have an opportunity to play in our Challenge Tournament.

THE TERM AWARDS EVENING

- "Star" of the term in each category.
- "Most improved"
- "Best sport"

THE CHALLENGE DAY

- Singles Round Robin
- Trophies for winners.
- Trophies for best on court.

AWARD PRESENTATION:
6.00PM

Come together each term to a congratulate the best performers for the term.
BBQ at completion of the awards.



WHEN: WEEK 9 TBC
TIME: 3.30-6PM
COST: \$49

JUNIOR TENNIS PATHWAY

DEVELOP

TEENAGE TENNIS
12-17 years

GREEN
9+ years

ORANGE
8-10 years

RED
5-8 years

LEAPFROG
3-5 years

PROGRESS

SQUADS
BOYS / GIRLS SQUADS

GREEN PLUS
9+ years

ORANGE PLUS
8-10 years

RED PLUS
3-5 years

PERFORM

TEENAGE PERFORMANCE

- JDS
- Sanctioned tournaments
- Club Evolve comps

GREEN PERFORMANCE

- JDS
- Sanctioned tournaments
- Term challenge days

ORANGE PERFORMANCE

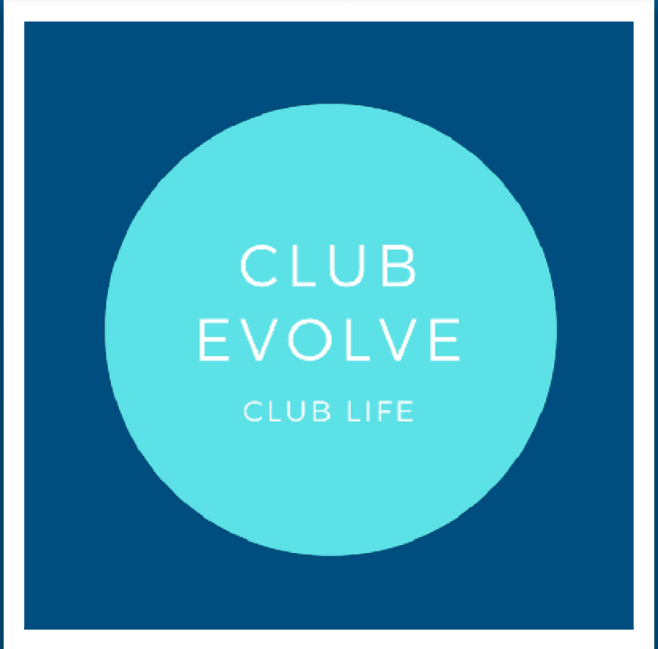
- Club Evolve comps
- Term challenge days
- Matchplay comp

RED PERFORMANCE

- Term challenge days
- Matchplay comp

COMPETE

START ON THE PATHWAY AT ANY AGE.



IMPORTANT INFORMATION

2020 Key Coaching Dates

COACHING PROGRAM	TERM DURATION	START DATE	END DATE	CHALLENGE & PRESENTATION	MAKE UP DAYS NOT INCLUDING CHALLENGE DAY	HOLIDAY PROGRAMS
Term 2	5 weeks	2nd June	4th July	-	-	Not planned
Term 3	9 weeks	21st July	19th September	22nd September	23rd-24th September	Not planned
Term 4	9 weeks	13th October	12th December	15th December	16-17th December	Not planned

2021 Key Coaching Dates

COACHING PROGRAM	TERM DURATION	START DATE	END DATE	CHALLENGE & PRESENTATION	MAKE UP DAYS NOT INCLUDING CHALLENGE DAY	HOLIDAY PROGRAMS
Term 1	9 weeks	2nd February	27th March	30th March	31st March 1st April	6-8th April 13-15th April
Term 2	9 weeks	20th April	19th June	22nd June	23-24th June	29th-1st July 6-8th July
Term 3	9 weeks	13th July	11th September	14th September	15-16th September	21st-23rd September
Term 4	9 weeks	5th October	11th December	14th December	15-16th December	21st-23rd December

2020 Term 2 (timetable)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	RED 3.30 - 4.15PM Age 5-8	RED 3.30 - 4.15PM Age 5-8	ORANGE PLUS 3.30 - 4.30PM Age 8-10		LEAPFROG 9.30 - 10.00 AM Age 3-4
	ORANGE PLUS 4.15 - 5.15PM Age 8-10	ORANGE 4.15 - 5.15PM Age 8-10	RED 4.30 - 5.15PM Age 5-8		RED 10.00 - 10.45 AM Age 5-8
	DEVELOP SQUAD 5.00 - 6.30PM	GREEN PERFORMANCE 5.15 - 6.15PM Age 9+	GREEN PERFORMANCE 5.15 - 6.15PM Age 9+		ORANGE 10.45 - 11.45 AM Age 8-10

IMPORTANT LINKS

[FAQ'S](#)

[BOOK A COURT ONLINE](#)

[ENROL ONLINE](#)

[TERMS & CONDITIONS](#)